

---

*Selfridge Community  
Service  
Notes 'n Stuff*

---

15 May 04

Vol 2

No. 1

In this Issue:

Selfridge Community Service Events.....3, 4  
Military phone card donation program goes public .....4  
Speedway launches “Operation appreciation” .....4  
Officials stress need to update DEERS.....5  
Troops to teachers: service after the military.....5  
Heroes, the world’s best Coast Guard.....6  
Overseas quarterly assignment listing available may 4.....7  
Dod expanding news for troops.....7  
Open season.....8  
Space-a travel for families extended.....8  
Involuntary extensions bring bucks.....8  
Girl Scouts give ford a little piece of home.....8  
Groups arrange foster care for military pets.....9  
Boating safety courses .....10  
Refrigerator material.....10  
Some uncommon wisdom from the Military.....11  
Interesting websites.....11  
Caption contest returns.....12

## Selfridge Community Service Events

### May

- 19-Army Family Team Building Class Level III "Listening Skills" - 11:00 a.m. to 1:00 p.m., Selfridge ANG Base, Bldg. 780 Room 104. This lesson develops personal communication and listening skills by focusing on listening behaviors. Child care is available. Need to pre-register by 17 May. Light refreshments will be available. Call 586 307-5903 to register.
- 20-Selfridge Family Forum 2004 Issue update 3:00 p.m. Vandenberg Conf Ctr Call 307-5903

### June

- 7 & 8-Army Family Team Building Instructor training. Bldg 780, Rm 106 11 a.m. - 4 p.m. This enables interested volunteers to conduct any level of AFTB classes. Register by 2 Jun. Call 307-5903
- 3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 10- Personal Finance for the 1st Term Service Member (Educ. Ctr, Rm 106) Pre-registration required. Mandatory attendance for all E-4's and below. Call 307-2007
- 15-18- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949
- 17- RACC Meeting, Bldg 970, for info call 307-5949
- 26-Army Family Team Building Class Level I 8a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 18 Jun. Call 307-5903

### July

- 1-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 13-Christmas In July! Will you be ready for Christmas this year? Join our lunch & learn workshop, Bldg 780, Room 106. To reserve your seat call (586) 307-4554.

## Selfridge Community Service Events

### July (cont.)

- 14-Army Family Team Building Class Level II "Introduction to Effective Leadership" 11 a.m. to 1p.m. Bldg 780, Rm 106 Instruction on leadership traits from the perspective of the group and the leader. Covers situations that normally arise and communication essential for effective leadership Register by 9 Jul 307-5903
- 15- Smooth Moves Briefing for info call 307-5949
- 27-30- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949

### August

- 5-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 11-Army Family Team Building Class Level III "Building Self-Esteem" 11 a.m. to 1 p.m. Bldg 780, Rm 106. Students learn how to empower themselves and gain a higher self-worth. Students will also learn how to take care of themselves first so they can help others. Register by 2 Aug 307-5903

### September

- TBD- Selfridge Family Forum 2004 Issue update Call 307-5903
- 1-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 18-Army Family Team Building Class Level I 8a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 6 Sep. Call 307-5903

### October

- TBD Red Ribbon Week
- 6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 12-15- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949
- 13-Army Family Team Building Class Level II "Volunteer Management-Marketing Volunteer Experience" Teaches methods of recruitment, training, retention, validation, and recognition of volunteer experience as a resource of seeking paid employment. Register by 4 Oct 307-5903

## Selfridge Community Service Events

### November

- 4-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 17-Army Family Team Building Class Level III "Personality Traits" Course instruction describes methods of determining various personality traits and how to benefit from those traits. . Register by 8 Nov 307-5903

### December

- TBD- Selfridge Family Forum 2004 Issue update Call 307-5903
- 2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 11-Army Family Team Building Class Level I 8a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 3 Dec. Call 307-5903
- 15 & 16-Army Family Team Building Instructor training. Bldg 780, Rm 106 11 a.m. - 4 p.m. This enables interested volunteers to conduct any level of AFTB classes. Register by 6 Dec. Call 307-5903

### January 2005

- 6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

### February 2005

- 3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

### March 2005

- TBD- Selfridge Family Forum 2005 Call 307-5903
- 3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

## Selfridge Community Service Events

### April 2005

- 7-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

## MILITARY PHONE CARD DONATION PROGRAM GOES PUBLIC

- The "Help Our Troops Call Home" program is designed to assist servicemembers calling home from Southwest Asia.
- To donate a prepaid calling card to a servicemember, people can log on to the exchange Web site at [www.aafes.com](http://www.aafes.com) and click the 'Help Our Troops Call Home' link.
- From there, a prepaid calling card may be purchased for an individual at his or her deployed address or for "any servicemember" deployed or hospitalized. The exchanges operate telephone call centers in Iraq, Kuwait, Afghanistan, other countries and aboard ships. The cards never expire and there are no added charges or connection fees
- From May Commander's Call topics

## SPEEDWAY LAUNCHES "OPERATION APPRECIATION"

- By Master Sgt. Mark Haviland, Air Combat Command Public Affairs LANGLEY AIR FORCE BASE, Va. (ACCNS) -
- Officials at Lowe's Motor Speedway, in Charlotte, N.C., are offering servicemembers discounted tickets to two NASCAR events in May through their "Operation Appreciation" initiative.
- The program, designed "to show support for our troops," is a special invitation for Airmen, Soldiers, Sailors and Marines to attend the NASCAR NEXTEL All-Star Challenge May 22 and the Coca-Cola 600 May 30.
- "The more the merrier," said Mr. Dan Farrell, vice president of sales and marketing for the speedway. "We are excited to extend this offer to all military."
- Through "Operation Appreciation," the normally \$76 tickets for the challenge are \$20 and the \$101 tickets for the Coca-Cola 600 are \$30.

See "OPERATION APPRECIATION" page 7

## OFFICIALS STRESS NEED TO UPDATE DEERS

Release No. 04-15-04 April 20, 2004

- Defense Enrollment Eligibility Reporting System (DEERS) officials emphasized this week the importance of updating records when personal eligibility information changes, and noted several ways changes may be made.
- Eligibility changes include changes in military career status and family status such as marriage, divorce, birth and adoption. Beneficiaries may update their DEERS address, telephone number, and e-mail address through several methods:
- \* DEERS Web site at <https://www.dmdc.osd.mil/appj/address/index.jsp>. It's quick and easy and the best time to update is during non-peak hours.
  - \* Visit a local personnel office that has a uniformed service ID card facility. To locate the nearest ID card facility, visit [www.dmdc.osd.mil/rs1/](http://www.dmdc.osd.mil/rs1/). Call ahead for hours of operation and for instructions to update a record for someone who is housebound.
  - \* Fax address changes to 1 (831) 655-8317.
  - \* Call the Defense Manpower Data Center Support Office (DSO) Telephone Center at 1 (800) 538-9552 or for the Deaf (TTY/TDD): 1-866-363-2883. Hours of operation are 6 a.m. to 3:30 p.m. (Pacific time), Monday through Friday, except Federal holidays.
  - \* Mail the changed information to the DSO, ATTN: COA, 400 Gigling Road, Seaside, California 93955-6771.
- Updating Information other than addresses. Beneficiaries need to provide important pieces of documentation, such as marriage, birth, or death certificates; DD 214s; DD 1172s; etc. Beneficiaries should contact the nearest military ID card facility to find out what documents are needed.
- Once beneficiaries have the necessary documents, they can present them at the ID card facility or send a letter or fax to the DSO at the address and number noted above.
- Unremarried former spouses should note that they are now listed in DEERS under their own Social Security number and not that of the sponsor.
- From the Air Force Retiree News Service (AFRNS).

## TROOPS TO TEACHERS: SERVICE AFTER THE MILITARY

By Journalist 2nd Class Lily Daniels, Commander, U.S. Naval Forces Europe Public Affairs

LONDON (NNS) -- Representatives from the Troops to Teachers (TTT) program visited Commander, U.S. Naval Forces Europe headquarters building April 20, to inform Sailors of a possible second career, "serving students."

Attendees were able to gain insight into the process of becoming a teacher, including certification requirements and job opportunities. . . .

However, many Sailors may already qualify to become a vocational /technical teacher. Sailors only need the equivalent of one year of college courses and six years of experience in a vocational or technical field to begin the certification process..

Military members from all of the armed forces can use tuition assistance for their teaching certification while on active duty. Members may also be eligible for financial assistance for teacher certification expenses. A commitment to teach for three years in a "high-need" school district or at a high school with a high percentage of low-income families is part of the obligation for receiving some forms of financial aid.

There are 33 state TTT offices nationwide that offer placement assistance for the 45 states participating in the program. Offices can assist Sailors with state certification requirements. Sailors can take advantage of the TTT Web site, [www.ProudToServeAgain.com](http://www.ProudToServeAgain.com), to correspond with representatives and receive alternative certification information.

"It's important to focus on where you want to teach, to start checking what your state's requirements are. Teacher certification is done state-to-state, not nationally. But some states will recognize another state's certification," said John Gantz, director of the TTT program.

The military members who have become teachers have established a good reputation for the program with school administrators and principals... . "Schools are looking for a stronger presence of male and minority teachers at the elementary level. A lot of kids are being raised by one parent, and schools are looking for positive role models to help fill that void," added Gantz.

Teaching positions are available at the elementary, middle and high school levels in suburban, small towns, rural and inner-city areas. There is a higher demand for math, science and special education teachers. Positions for other subjects are obtainable, but applicants may need to be more flexible with location.

Sailors can consult their TTT representative on job availabilities, or check the Department of Education Web site at [www.teachers-teachers.com](http://www.teachers-teachers.com). The Web site lists teaching vacancies for each state.

## HEROES, THE WORLD'S BEST COAST GUARD

From Coast Guard Magazine March 2004  
Story courtesy of the Historian's Office



**Abbie Burgess**

was assistant light keeper at Matinicus Rock Light from 1854 to 1872, and at Whitehead Light Station until 1890. She stood watch through the hardships and discomforts at the desolate Maine islands for 37 of her 52 years.

Her career began with her father's appointment as keeper of Matinicus Rock Light in 1853. Abbie, her parents, her brother Benjy and three younger sisters moved out to the isolated and rocky island known as Matinicus Rock. Having grown up in nearby Rockland, the move presented a major change in their lives.

Abbie's brother Benjy was frequently off on fishing trips, so it fell to Abbie to learn how to tend and operate the lights. Soon she became proficient enough to act as her father's assistant keeper.

Occasionally Capt. Burgess had to go to Matinicus Island, the nearest human habitation, for supplies, such as medicine for his sick wife, food for the family, consumable stores for the lights and feed for the chickens. Burgess was comfortable leaving Abbie behind to handle the lights during the night or two while he was gone. She was a big strong girl, as capable as any man at filling the lanterns, trimming the wicks, and cleaning the lenses of the lights in the two separate towers, and she didn't mind the responsibility.

In 1856, just after Captain Burgess had begun a trip, one of the largest storms of the 19th Century hit Matinicus Rock Light. Abbie moved her mother and sisters into one of the towers as the island was flooded by gigantic waves. Once, she rushed out into the flood to rescue the family's hens, then hurried back to the tower only moments before an enormous wave swept over the island, destroying the keeper's quarters.

For nearly a month, the weather kept Abbie's father away. For Abbie, the time dragged on as the wind and waves battered the wooden structures without relief. Nevertheless, in addition to attending to her three sisters and her sick mother, Abbie made the long climb up the steep tower stairs to light the lights every day. The storm eventually subsided, and Abbie continued to help her father with the light until he lost his position in 1860.

She stayed on to help the new keeper, and fell in love with his son, Isaac Grant. When Grant became keeper, Abbie was officially listed as his assistant, and received \$440 a year for her services. In 1872, they were transferred to Whitehead Light Station. They served together as keepers until their retirement in 1890.

"OPERATION APPRECIATION" cont from page 4

In addition to the races, the tickets also include access to . . . a special Memorial Day salute to the U.S. Army before the Coca-Cola 600. The Memorial Day show includes a helicopter fly-over, a demonstration by Army Special Operations Command, a demonstration by the Army Parachute Team "The Golden Knights," a performance by the 82nd Airborne "All American" Chorus, and other entertainment.

Servicemembers who'd like to attend should call 1-800-455-FANS and ask the ticket agent about the "Operation Appreciation" military discount.

## OVERSEAS QUARTERLY ASSIGNMENT LISTING AVAILABLE MAY 4

The Enlisted Quarterly Assignment Listing for overseas assignments for the January to March cycle will be available May 4. Airmen should work through their military personnel flights to update their preferences by May 20. They will be notified of their selection by mid-June.

People can view the lists on the Air Force Personnel Center Web site at [www.afpc.randolph.af.mil/enlisted](http://www.afpc.randolph.af.mil/enlisted) or at local military personnel flights. Airmen on temporary duty during the advertising period can contact the nearest personnel office for assistance. For more information, read the Air Force Print News story at <http://www.af.mil/news/story.asp?storyID=123007544>.

From May Commander's Call topics

## DoD EXPANDING NEWS FOR TROOPS

The Defense Department is launching two internal communication vehicles: a free electronic version of the "Stars and Stripes" newspaper, effective May 1; and world-wide access to the department's TV service, the Pentagon Channel, beginning May 14. The electronic "Stars and Stripes," allows servicemembers to view copies of the newspaper's European, Pacific and Mideast editions.

For the first time, members in the U.S. have access to this online newspaper, where the hardcopy newspaper is not printed. It's at <http://estripes.osd.mil>.

The Pentagon Channel, previously available only in the Pentagon and through the American Forces Radio and Television Service for servicemembers assigned overseas, also will be distributed 24/7 to military installations in all 50 states via a domestic satellite. DoD is also offering the Pentagon Channel to all cable and satellite providers.

From Armed Forces News Issue: Friday: May 7, 2004

## TREASURY, IRS WARN OF IDENTITY THEFT SCHEME INVOLVING BOGUS E-MAIL, WEB SITE

IR-2004-60, April 30, 2004

WASHINGTON - The U.S. Department of the Treasury and the Internal Revenue Service today warned taxpayers of an e-mail-based scheme that attempts to trick taxpayers into revealing personal information such as social security numbers, driver's license information and bank and credit card numbers.

In this ploy, unsuspecting consumers receive an e-mail, claiming they are under investigation for tax fraud and are subject to prosecution. The e-mail informs recipients they can "help" the investigation by providing "real" information and directs them to an official-looking Web site, <http://deptreas.org/irs/7634//>, where detailed personal information must be provided to dispute the charge.

Identity thieves can use an individual's personal data to take over their financial accounts, run up charges on their credit cards, apply for loans, credit cards or other services in the victim's name and file fraudulent tax returns.

At the request of the IRS and the Treasury Inspector General for Tax Administration (TIGTA), the Internet service provider that was hosting the Web site has shut the site down. The scheme is being investigated by TIGTA, which addresses threats to federal tax administration.

The bogus IRS web page and the e-mail in this instance contained several grammatical errors, rendering them immediately suspect. However, new versions of the scam could surface in the future, including more effectively-written text and a different destination Web site.

The IRS does not use e-mail to contact taxpayers about issues related to their accounts. Official taxpayer contact usually includes a letter on IRS stationery in an IRS envelope. IRS letters also contain a contact phone number.

Taxpayers who believe they have received suspect communication are encouraged to call TIGTA's toll-free fraud referral hotline at 1-800-366-4484. Taxpayers can also contact the IRS at 1-800-829-1040. An IRS representative will be able to verify the taxpayer's account status and determine whether a communication is legitimate.

Additional information on identify theft and other fraud may be found on the following Web sites: [www.consumer.gov/idtheft](http://www.consumer.gov/idtheft) and [www.tigta.gov](http://www.tigta.gov).

## OPEN SEASON

A new open season for the Thrift Savings Plan runs from April 15 until June 30.

TSP is a tax-deferred savings option that lowers the taxable income for participants in the 2004 tax year. The limit for contribution for service members is the lower of 9 percent of pay or \$13,000 for 2004, a \$1,000 increase from 2003.

Participants may direct TSP investments to any of the following five funds which vary in risk and investment mixture: government securities investment (G fund); fixed income investment (F fund), common stock index investment (C fund), small capitalization stock index investment (S fund) and international stock index investment (I fund).

Members can enroll in TSP online through the myPay Web site at <https://mypay.dfas.mil/mypay.aspx>, or by completing a TSP enrollment form (TSP-U-1).

## SPACE-A TRAVEL FOR FAMILIES EXTENDED

The one-year test to expand space-available travel privileges to family members of active-duty and retired service members traveling within the continental United States has been extended until further notice, according to Air Mobility Command's air transportation division officials. The extension will allow the test to continue while Defense officials complete their evaluation of the test. Under the space-A test, family members of active-duty and retired service members may travel space-A aboard military flights when accompanied by their sponsors, said John Lundebly, of the passenger policy branch. He said the test does not apply to gray-area retirees -- Guard and Reserve members who are retired but are not yet eligible for retired pay and benefits. To register for space-A travel, active-duty sponsors must be on leave or pass and remain in such status while awaiting travel and through the entire travel period, officials said. For additional information, visit <http://public.amc.af.mil/SPACEA/spacea.htm>. Armed Forces News Issue: Friday: March 26, 2004

## INVOLUNTARY EXTENSIONS BRING BUCKS

Some 20,000 soldiers who were involuntarily extended in Iraq and Kuwait for up to 90 days beyond their 12-month rotation date qualify for \$1,000 a month in extra pay for the period of their extensions.

The extra pay breaks down to \$200 more a month in hardship duty pay and 800 monthly in assignment-incentive pay. G1 compensation chief Lt. Col. Gerald Barrett said that, contrary to earlier reports, no stabilization-tour option will be offered in lieu of the \$800 AIP. The extra pay will only be available once a soldier exceeds 365 consecutive days in the Central Command theater.

That's 12 consecutive months or 365 days out of a 15-month period, said Barrett. "It will not be pro-rated," Barrett said about the extra pay, explaining that soldiers who serve one day of the extension period will receive the extra pay for the entire month.

From Armed Forces News Issue: Friday: May 7, 2004

## GIRL SCOUTS GIVE FORD A LITTLE PIECE OF HOME

By Journalist Seaman Travis Lee Clark, Naval Station Everett Public Affairs

EVERETT, Wash. (NNS) -- As part of the Pocket Flag Project, Naval Station Everett's USS Ford (FFG 54) played host May 7 to seven local Girl Scout troops, for a day of ship tours, gifts, and even some juice and cookies.

The purpose of the scouts' frigate visit was to bestow upon the Ford's crew 300 folded pocket flags to remind them of home while on their upcoming deployment. Each flag came in a small plastic pouch along with a short thank you note from the local Girl Scout troops.

"A flag for your pocket so you can always carry a little piece of home. We are praying for you and we are proud of you. Thank you for defending our country and our freedom," read the note the scouts hope each and every Ford crew member will carry and find comfort in while at sea.

Girl Scouts cont from page 6

The morning the scouts came aboard, the seven troops were given tours of the Ford's main spaces by crew members. Gunner's Mate 1st Class (SW) Jeremy Pederson led 14 of the almost 70 Girl Scouts aboard that day around the ship, stopping along the way to answer questions and explain the inner workings of the ship to the energetic young ladies of Troop 2171. . . .

After the tour, the scouts and crew members alike gathered in the mess deck where the girls presented a box filled with the 300 pocket-sized flags to the crew. A member of each troop stood up and read a small speech, thanking the crew for the pleasure of touring the frigate. They also thanked them for the opportunity to "meet some of the men and women who so bravely serve and protect our country," said one scout in a tiny voice.

The Girl Scouts and even the crew were all smiles as the troops presented the flags. Many Ford Sailors were moved by the scouts' concern and compassion.

"It's good to see stuff like this. The more support they show us, the better. You look forward to things like that," said Boatswain's Mate Seaman Edward Harris.

"I thought the flags were awesome," said Fire Controlman 2nd Class (SW) Tyler Hicks, who said he'd start wearing one in his pocket that day. "It was touching. It's pretty cool to be part of something like this, especially when they come on the ship and you get to do your part to represent the Navy." . . . Other scouts took pleasure in the simpler aspects of shipboard life.

"My favorite part was getting to go down the hatch," said Stephanie Bell.

"I liked going into the really dark room with all the computers in it (Combat Information Center)," said Briar Burgess. She hoped the Girl Scout's pocket flags would motivate Sailors while at sea. "I think they'll really help the people going to Iraq to remember about home and what they're fighting for."

NavNews for Thursday, May 12 2004

## GROUPS ARRANGE FOSTER CARE FOR MILITARY PETS

By Donna Miles, American Forces Press Service

WASHINGTON (NNS) -- Deploying overseas means leaving friends and loved ones behind. For service members with no one to take care of their beloved dog, cat, bird or other pet, it once meant also having to abandon or turn the pet over to a shelter - never to see it again.

Thanks to two nonprofit groups - the Military Pets Foster Project and Operation Noble Foster - service members can now arrange foster care for their pets while they're gone.

The Military Pets Foster Project, a nonprofit group founded by animal lover Steve Albin, has placed about 15,000 pets in foster homes throughout the United States while their owners serve in Iraq and Afghanistan. Operation Noble Foster, which specializes in foster homes for cats, has found temporary homes for about 25 military cats a month since shortly after Sept. 11, 2001, according to founder Linda Mercer. . . . Albin said he matches pets in need of foster care with appropriate foster homes and requires those involved in the arrangement to sign a foster agreement.

. . . Mark Delman from Parker, Colo., signed up through Operation Noble Foster to provide a foster home for five cats owned by a military family currently stationed in Germany. Delman said he encourages others to open their doors, as well.

"These people are keeping us safe and free, and shouldn't have to give up their beloved pets to do so," he said. "Offering a foster home is a way of saying 'thanks.' I tell people not to hesitate to do it."

Albin encourages service members in need of foster care for their pets to give the Military Pets Foster Project as much notice as possible of their upcoming deployment so the group can find a suitable home.

For more information, visit the organizations' Web sites at [www.netpets.org/netp/foster.php](http://www.netpets.org/netp/foster.php) and [www.operationnoblefoster.org](http://www.operationnoblefoster.org).

NavNews for Thursday, May 13, 2004

## BOATING SAFETY COURSES

Many boating safety courses are offered throughout the country, for all types of recreational boaters, and for boaters of all ages. Qualified volunteer organizations, such as the U.S. Coast Guard Auxiliary, U.S. Power Squadron, and others sponsor many courses, and many state boating agencies also provide classes.

Courses cover many aspects of boating safety, from boat handling to reading the weather, and from a "Water 'N Kids" class to courses for boaters who want to learn electronic navigation skills. The most popular basic courses generally have from 6 to 13 lessons to provide a foundation of operational and safety instruction.

BoatEd [www.boat-ed.com/](http://www.boat-ed.com/)

Offers online boating safety courses with online certification tests for a number of states.

Boatsafe [boatsafe.com/](http://boatsafe.com/)

Offers an online Basic Boating Certification Course approved by the National Association of State Boating Law Administrators, and a Coastal Navigation Course.

Boat/U.S. Foundation Courseline

[www.boatus.com/courseline/default.asp](http://www.boatus.com/courseline/default.asp) The Courseline is a searchable database of current boating safety courses around the nation.

Commander Bob [www.commanderbob.com/](http://www.commanderbob.com/)

An award-winning website that advances boating education

PWC Safety School [www.pwcsafetyschool.com/](http://www.pwcsafetyschool.com/)

Offers online courses and certification for PWC operators in several states

PWC Watch [www.pwcwatch.org/](http://www.pwcwatch.org/)

Website for the Coalition of Parents and Families for Personal Watercraft Safety

State Courses [www.commanderbob.com/cbcourse.html](http://www.commanderbob.com/cbcourse.html)

Many states offer boating safety courses. The National Association of State Boating Law Administrators' online Directory provides contact information for state boating agencies.

USCG Auxiliary [www.cgaux.org/cgauxweb/public/pubframe.htm](http://www.cgaux.org/cgauxweb/public/pubframe.htm)

Local flotillas offer a variety of safety classes, including basic/introductory boating courses and safety courses, navigation, sailing and personal watercraft safety, among others.

U.S. Power Squadron [www.usps.org/e\\_stuff/Basic.html](http://www.usps.org/e_stuff/Basic.html)

Sponsors "The Squadron Boating Course," and a second course called "Boat Smart." Also provides information on home-study courses co-sponsored by USPS and the U.S.C.G. Auxiliary.

## REFRIGERATOR MATERIAL

Helpful information

Army One Source

[www.armyonesource.com](http://www.armyonesource.com)

(user id: soldier, password: onesource)

1-800-464-8107

Navy One Source

[www.navyonesource.com](http://www.navyonesource.com)

(user id: navy password: sailor)

1 800-540-4123

Air Force One Source

[www.airforceonesource.com](http://www.airforceonesource.com)

user id: airforce password: ready

(800) 707-5784

Marine One Source

[www.mccsonesource.com](http://www.mccsonesource.com)

user id marines password semper fi

1-800-869-0278

These are 24/7 operations that have a live person to reach from all over the world. They are trained counselors, in most cases they have an MSW degree.

The counselors have information and referrals at their fingertips and can help provide information to many segments of the military population i.e. active duty, retired, national guard, air national guard, reservists, deployed civilians, their family members and concerned others who don't have a military ID, but are still concerned about their nephew, niece, grand son/daughter, and the like.

Each operation received training in understanding how each service performs it's mission and a little about the life in each branch. The call is confidential and if necessary, paid referrals to counseling can be made if necessary.

## SOME UNCOMMON WISDOM FROM THE MILITARY....

From Warrior News, Sep 03

<http://www.usarc.army.mil/95thdiv/2bde/3-378th/newsletter.html>

3D Battalion, 378TH Regiment, 1507 W Lindsey Street Norman, OK 73069-4301

"A slipping gear could let your M203 grenade launcher fire when you least expect it. That would make you quite unpopular in what's left of your unit."

- *Army's magazine of preventivemaintenance.*

"Aim towards the Enemy."

- *Instruction printed on US Rocket Launcher*

"When the pin is pulled, Mr. Grenade is not our friend."

- *U.S. Marine Corps*

"Cluster bombing from B-52s is very, very accurate. The bombs always hit the ground."

- *U.S. Air Force*

"If the enemy is in range, so are you."

- *Infantry Journal*

"It is generally inadvisable to eject directly over the area you just bombed."

- *U.S. Air Force Manual*

"Whoever said the pen is mightier than the sword obviously never encountered automatic weapons."

- *Gen. MacArthur*

"Try to look unimportant; they may be low on ammo."

- *Infantry Journal*

"You, you, and you . . . Panic. The rest of you, come with me."

- *U.S. Marine Corp Gunnery Sgt.*

"Tracers work both ways."

- *U.S. Army Ordnance*

"Five second fuses only last three seconds."

- *Infantry Journal*

"Don't ever be the first, don't ever be the last, and don't ever volunteer to do anything."

- *U. S Navy Swabbie*

"Bravery is being the only one who knows you're afraid."

- *David Hackworth*

"If your attack is going too well, you're walking into an ambush."

- *Infantry Journal*

"Any ship can be a minesweeper ... once."

- *Anon*

"No combat ready unit has ever passed inspection."

- *Joe Gay*

"Never tell the Platoon Sergeant you have nothing to do."

- *Unknown Marine Recruit*

"Don't draw fire; it irritates the people around you."

- *Your Buddies*

## INTERESTING WEBSITES

### Weather Watcher 5.4b [Windows Operating System]

<http://www.singerscreations.com/>

As spring progresses, weather conditions can continue to fluctuate dramatically, something that may foil vacation plans or other outings. Keeping that in mind, visitors may do well to download the Weather Watcher application created by Mike Singer. With this application, users may automatically retrieve the current weather conditions, look through hourly forecasts, keep abreast of severe weather alerts, and take a look at weather maps for almost any city world-wide. This application is compatible with all systems running Windows 98 and above.

### American Museum of Natural History-Department of Herpetology: Amphibian Species of the World

<http://research.amnh.org/herpetology/amphibia/index.html>

This incredibly comprehensive database of amphibians includes mention of over 35,000 species. Not only packed with information, however, the database is also easily navigable by either searching or exploring. "There are two finding aids, SEARCH and the EXPLORE. These allow you to search on any 4-letter string (excluding such generally used terms such as frog, salamander, caecilian, newt, et al.) SEARCH will search either on taxonomic names (active or synonyms) or geographic place names." Each species account includes the class, order, family, and genus, as well as mention of the common name and the species' distribution. A great resource for those researching this fascinating class of animals

## CAPTION CONTEST RETURNS

*Come on all of you potential standup comics out there. Write a humorous caption to this photo, and send it to me. You may get your fifteen minutes of fame right here Ed.*



### Notes 'n Stuff

Editor Dave Colangelo

U.S. Army Garrison-Michigan

Links to non-DoD sites are included for information. No endorsement are made or implied.

Opinions expressed are those of individual writers and may not reflect the views of the Army Garrison-Michigan, DoD or DHS.

To subscribe or unsubscribe, send request to [SCS@tacom.army.mil](mailto:SCS@tacom.army.mil)

Permission is granted to reproduce parts of this edition. Request that the source is listed as

“From Notes 'n Stuff [SCS@tacom.army.mil](mailto:SCS@tacom.army.mil)”